Machu Picchu and The Amazon Including Rainbow Mountain

07 – 21 June 2024

Join Meghan on a once in a lifetime adventure! Hike your way through Peru, discover the Amazon Rainforest, trek the Inca Trail to Machu Picchu and experience the magic of Rainbow Mountain.



JOURNEYS





Meghan Ryan: 0438391535 meghan@travelandtourhunters.com.au Day 1 – Friday 7th June - Sydney ~ Lima

Depart Sydney international airport at 11:55am and arrive in Lima, Peru at 3:40pm. *Departures available from all international airports across

Australia *

Welcome you have all arrived!



Please join myself and the group for a Welcome Dinner! Share a little about yourself, what you hope to get out of this once in a lifetime adventure and eat an incredible Peruvian feast.

Day 2 - Saturday 8th June - Lima and Cooking Class

Lima Cooking Class (4hrs)

What better way to get to know your tour group than with a 4hr Lima Cooking Class. Bond with your adventure group and get a taste of Peruvian cuisine, visit local markets, sample exotic fruit, select fresh ingredients and try your hand at preparing unique Peruvian dishes influenced by China, Italy, West Africa, and Japan. Some of you may choose to head back to your hotel for early rest to prepare for tomorrows big day.



OPTIONAL – Head out on a bike tour through Miraflores and Barranco visiting iconic districts in Lima along the way. You will bike a total of 13kms on this tour. Take in the colourful atmosphere as you pass by historic houses in the Bajada de Banos district and visit the famous Puente de los Suspiros.

Day 3 - Sunday 9th June - Lima ~ Amazon (B,L,D)

Fly to Puerto Maldonado and continue by motorized canoe to our comfortable lodge, situated near the Tambopata National Reserve in the Amazon rainforest. Spot local bird species along the lush shores of the Tambopata River en route to the lodge and set off on an evening walk with a naturalist guide before dinner, keeping an eye out for some of the rainforest's nocturnal creatures.

After a brief stop in town to store large luggage, drive to the pier and travel by covered motorized boat to the jungle lodge.

En route, spot bird species typical of the local river and forest edge. The Tambopata Rainforest area holds the world record for the most bird sightings in one area.



Local community members make up the majority of lodge staff, including multilingual naturalist guides. Take the opportunity to learn about the area's rich flora and fauna and locals' extensive use of medicinal plants and other forest plant resources through traditional techniques for building, fishing and hunting.



Enjoy a welcome drink and orientation. Before dinner, head out for a night walk around the lodge grounds.

Day 4 - Monday 10th June - Amazon (B,L,D)

Spend the day exploring the thriving ecosystems of the rainforest with our lodge's naturalist guides. Scan the treetops for toucans, howler monkeys, and sloths, and glide along oxbow lakes on canoes for a chance to glimpse river otters, turtles, and, if we're lucky, anacondas. After dinner, embark on a river tour by motorized canoe on the lookout for caimans, the smaller cousins of alligators, which are



often found hiding near the muddy banks.

Head out early to catch the jungle at its wildest (and coolest). Walk slowly through the forest searching for wildlife before heading out on an oxbow lake by canoe. Search for anaconda, the elusive giant river otter, or black caiman. Even if you don't spot these shy creatures, there are plenty of birds, interesting plants, and other animals about.

Day 5 - Tuesday 11th June - Amazon ~ Cusco (B)

Travel out of the jungle by boat and catch a flight from Puerto Maldonado to Cusco, soaring above the Andes into Peru's Inca heartland. This evening, visit the Cusco Planetarium for a presentation on the skies of the Southern Hemisphere, and learn about the vital role that astronomy played in the lives of the ancient Inca. Weather permitting, peer through the planetarium's telescopes for a dazzling look at the stars.

Afternoon arrival into the Inca capital. Time for strolling around the plazas and markets. Admire the cobblestones streets and visit some museums and Cathedral.



Day 6 - Wednesday 12th June - Sacred Valley (B,L)

Drive to the scenic Sacred Valley for a full day of exploration with a local guide. Tour the Parque de la Papa, or Potato Park, a rural Andean community working to preserve hundreds of varieties of native potato. During this exclusive experience, you'll walk through the park to learn about potato cultivation, traditional weaving, and the importance of both these practices to Andean culture. We'll also visit the fascinating Inca ruins of Ollantaytambo and Pisac and enjoy a meal at the Parwa Community Restaurant in Huchuy Qosqo.



Day 7 - Thursday 13th June - Inca Trail Day 1 (B,L,D)



Set out on the iconic Inca Trail, departing Urubamba by van to the starting point of the trek. Immerse yourself in the enchanting Andean countryside, hiking along meandering streams and crossing remote mountain villages and ancient ruins as we get warmed up for the more challenging days ahead. Trek through beautiful scenery, with a variety of flora that changes with the seasons, passing several smaller ruin sites like Llactapata.

Day 8 -Friday 14th June - Inca Trail Day 2 (B,L,D)

Today, we ascend the long, steep path to Warmiwañusca, better known as Dead Woman's Pass—the highest point on the Inca Trail, at 4,198 meters (13,769 feet). Enjoy stunning views of the Sacred Valley as you make your way up the rugged terrain and aim to reach our camp by early afternoon. Rest and relax at camp the remainder of the day.

Day 9 - Saturday 15th June - Inca Trail Day 3 (B,L,D)

Today we'll cross two spectacular passes. The first pass is Runquraqay at 3,950m (13,113 ft) where, on a clear day, one can catch a glimpse of the snow-capped peaks of the Cordillera Vilcabamba. Continue through cloud forest on a gentle climb to the second pass and arrive at the misty Inca ruins of Phuyupatamarca at 3,650 meters (11,972 feet), known as "the city above the clouds." We will either camp here or settle at a further spot, near the beautiful terraces of the Wiñay Wayna ruins, at 2,650 meters (8,694 feet).



Day 10 – Sunday 16th June – Machu Picchu ~ Return to Cusco (B)

The final day of our hike begins before dawn. Reach the Sun Gate—the last checkpoint on the Inca Trail—in time to witness daybreak over Machu Picchu.



This 15th-century Inca citadel was rediscovered by Hiram Bingham in 1911 and excavated with support from National Geographic. Hike down for a guided tour of this breathtaking UNESCO World Heritage site before catching a bus to the frontier town of Aguas Calientes, where we'll have free time for lunch. Continue by train to Cusco.

Day 11 - Monday 17th June - Cusco (B)

Most of you will be saying "free day relaxing in Cusco, yes please!" Feel free to explore the San Pedro market before heading up into the narrow cobblestone backstreets to check out the Sapantiana aqueduct and stairway waterfall, a hidden gem of the city. Continue to San Blas for killer views and scarf down a delicious local lunch at one of the restaurants near the small plaza. Take the rest of the day



to continue exploring or grab something to eat near the main plaza and watch the world go by before you embark on your final hike tomorrow.

Day 12 - Tuesday 18th June - Rainbow Mountain (B)

Rise and shine! We may all be exhausted but let's press on – it will be worth it I promise. Wake up early to drive to one of the most instagrammable locations of the regions, Rainbow Mountain. Today is a challenging hike, but well worth the reward. Journey deep in the Andes to hike Rainbow Mountain, an important worship site since the pre-Inca times – see sights including adobe houses, llama herd and the Ausangate Glacier.

Lookout over these colourful Andean mountains striped with maroon, turquoise, lavender, and gold. The sediment, elevation and proximity to the ocean create a landscape that must be seen to be believed. Get started early to drive around 2hours to the starting point of this challenging yet rewarding full day hike. Reaching 5,029m this 4km hike is not a walk in the park but these unique mountains do not disappoint.



Day 13 - Wednesday 19th June - Depart Cusco (B)

Join the group and myself for a final farewell breakfast. You have all achieved something truly magical together, swap photos, take a few more and exchange details!

Depart for your journey home – airport transfers have been arranged for departing Cusco airport 3:40pm.

*You may decide that you want to continue on; let's talk about extending your travels in South America or beyond.

Day 14 - Thursday 20nd June - In Transit

Day 15 - Friday 21st June - Welcome Home!

Arrive Sydney 9:30am.

See you on our next hiking adventure!



Peru

14 days touring with Meghan Ryan

Friday 7th – Friday 21st June 2024

FROM \$5595 per person twin share

\$1025 single supplement

Flights from Sydney flying Qantas/LAN return:

FROM \$2700 per person economy - prices subject to availability*

Flights departing all Australian locations can be arranged - price will vary.

Deposit of \$750 per person to secure your place on the tour along with a signed booking form – deposit is non-refundable*

Final Payment is due on Tuesday 9th April 2024.

All payments must be made via direct deposit or credit/debit card.

Bank details: Westpac Bank Greenhills TRAVEL AND TOUR HUNTERS BSB: 032639 ACCOUNT: 128482 REF: Please use your surname as reference.

Once payment has been completed, a copy of the remittance must be emailed to <u>meghan@travelandtourhunters.com.au</u>

If credit card payment is preferred option, please call to arrange payment. The fee is 1.5% for Visa and Mastercard and 1.98% for American Express.



Award Winning Inca Trail Program

Named Best Inca Trail Tour Operator by the Regional Direction of Foreign Trade and Tourism of Cusco (RDFTTC) in Peru. Your purchase of this tour helps employ over 560 local guides, porters, cooks, drivers, and office staff — connecting local communities to the global tourism chain. Learn more.

Terms & conditions of travel apply. Please read before completing booking form and paying for your holiday.

Travel insurance is essential to participate on the tour. Please advise Meghan if you would like to receive a quote.

It is mandatory for all travellers on G Adventure Tours to have Emergency Medical insurance that covers both emergency evacuation and repatriation to the sum of \$200,000 USD we also strongly recommend purchasing an all-inclusive plan that covers cancellation/interruption insurance as well.

All bookings can only be confirmed with a completed and signed booking form and the paid deposit.

Click here for the booking form link -

https://static1.squarespace.com/static/64b7791078c32150617e0813/t/651c98555d 2e4f6ea4ac0427/1696372821968/Travel+and+Tour+Hunters+Booking+Form.pd f

Please refer to our website for our terms and conditions prior to booking - https://www.travelandtourhunters.com.au/terms-of-service

G Adventure Cancellation policy:

Cancellation 60 days or more prior to departure = \$350 deposit paid will become a Lifetime Deposit (LTD) and stay on file in your name to use on a G Adventures trip in the future – the remaining \$400 is a non-refundable agents fee*

Cancellation between 30 and 59 days prior to departure = LTD + 50% loss of final payment

Cancellation within 30 days of departure = LTD + 100% loss of final payment

Meghan Ryan: 0438391535 meghan@travelandtourhunters.com.au

